

CLINICAL INTER-INSTITUTIONAL COLLABORATION

January 26-27, 2019

2019 Annual Conference

Presented by

**Northern California Regional Organization
of Child and Adolescent Psychiatry (NCROCAP)**

La Playa Hotel, Carmel

(reservations by phone only 800/582-8900 - \$299 NCROCAP rate – please note that the La Playa Hotel has limited capacity (75 rooms in the hotel), and not all rooms are reserved for our meeting and special rate, so we highly recommend booking your room quickly)

6.5 CME Credits

Courtesy of The Carlat CME Institute

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Carlat CME Institute and the Northern California Regional Organization of Child and Adolescent Psychiatry (NCROCAP). The Carlat CME Institute is accredited by the ACCME to provide continuing medical education for physicians.

The Carlat CME Institute designates this live activity for a maximum of 6.5 AMA PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Registration Fee

NCROCAP Member: \$300 through December 21st \$350 by 01/11 \$400 After 01/11

Non-NCROCAP Member \$350 through December 21st \$400 by 01/11 \$450 After 01/11

Resident/Fellow: \$50

Medical Student: \$15

If a partner/spouse may be accompanying, you to any conference events please make sure to register them.

\$70 additional for access to all main conference events, including presentations, receptions, and Sunday Literary Morning (featuring Rachel Kushner, Booker Prize Finalist).

\$35 additional for access to Sunday Literary Morning only.

PLEASE NOTE: We are expecting a full house for this year's annual meeting. Other than full registrants, only registered spouse/partners will have access to conference events, including the Sunday Literary Morning.

In addition to the main program, two special events are being offered:

Special Event #1 - Saturday Master Psychopharmacologist Breakfast with Dr. Glen Elliott, MD/PhD
\$25 additional Please note there is limited availability for this event

Special Event #2 - Saturday Legislative Lunch with Senator Jim Beall
\$25 additional Please note there is limited availability for this event

FRIDAY EVENING, JAN 25—LA PLAYA TERRACE

7-9:00 pm **PRE-MEETING RECEPTION**

NCROCAP appreciates Bay Area Clinical Associates' (BACA) financial support in making this reception possible.

SATURDAY, JAN 26—PACIFIC ROOM

7-8:15 am Registration and refreshments

7:15-8:15 **Master Psychopharmacologist Clinical Consultation Breakfast with Glen Elliott – Garden Room**

– first come, first serve reservation with annual meeting registration - please note there is limited availability for this event. Food not provided in the Garden Room. Attendees may bring food from the main conference room. Hotel guests may also bring food from the full breakfast buffet.

Glen Elliott, M.D./Ph.D., Chief Psychiatrist Medical Director, Children's Health Council. Associate Program Director Stanford Child & Adolescent Psychiatry Training Program. Clinical Professor (Affiliated), Stanford Department of Psychiatry and Behavioral Sciences, and Emeritus Clinical Professor of Psychiatry, University of California, San Francisco

8:15-8:30 am Welcome by Anita R. Kishore, M.D., NCROCAP President, Clinical Associate Professor of Psychiatry and Behavioral Sciences, Division of Child and Adolescent Psychiatry, Stanford University School of Medicine

Saturday Morning

MORNING PRESENTATION AND PANEL

8:30-10:00 am

8:30-9:30 am **An Update on Eating Disorders**

James Lock, M.D., Ph.D., Associate Chair for Leadership and Professionalism, Professor of Child Psychiatry and Pediatrics, Department of Psychiatry and Behavioral Sciences, Stanford University School of Medicine. Director, Stanford Child and Adolescent Eating Disorder Program, Division of Child Psychiatry, Department of Psychiatry and Behavioral Sciences.

Introduction by *Jennifer Derenne, M.D.*, Clinical Associate Professor of Psychiatry and Behavioral Sciences, Division of Child and Adolescent Psychiatry, Stanford University School of Medicine

9:30 -10:00 am **Q&A**

10:00-10:15 am Break

10:15 am-12:00 pm

Addressing Anxiety and Sleep Problems in Youth with Autism and Neurodevelopmental Disorders - Panel

Vignette presentation by UC Davis CAP fellow *Zainab Malik, M.D.*, followed by panel discussion.

Vignette presentation by Stanford CAP fellow *Thuc-Quy Nguyen, M.D.*, followed by panel discussion.

Vignette presentation by UCSF CAP fellow *Lauren Schumacher, M.D.*, followed by panel discussion.

Panel of:

Thomas Anders, M.D., Distinguished Professor of Psychiatry and Behavioral Sciences (Emeritus), UC Davis M.I.N.D. Institute, and Adjunct Professor, Psychiatry and Human Behavior, Brown University. Senior Research Scientist, Rhode Island Consortium for Autism Research and Treatment (RI-CART). Past President, American Academy of Child and Adolescent Psychiatry (AACAP).

Antonio Hardan, M.D., Professor of Psychiatry and Behavioral Sciences, Stanford University Medical Center. Director, Autism and Developmental Disabilities Clinic. Chief of the Division of Child and Adolescent Psychiatry and Child Development.

Bryan King, M.D., M.B.A., Robert Porter Distinguished Professor and Vice Chair, Child and Adolescent Psychiatry; Vice President, Child Behavioral Health Services, UCSF Benioff Children's Hospitals, UCSF Department of Psychiatry, UCSF Weill Institute for Neurosciences.

12:00-1:20 pm Lunch— on your own

12-1:20 pm **Legislative Advocacy Luncheon with Senator Jim Beall – Garden Room**
– first come, first serve reservation with annual meeting registration - please note there is limited availability for this event. Lunch will be provided. *Jim Beall*, California State Senator representing the 15th Senate District (encompassing the South Bay and Silicon Valley). Senator Beall is Chair of the Senate Select Committee on Mental Health and has been tireless legislative advocate for services supporting the mental health needs of children in California. NCROCAP appreciates Dr. Roger Wu's financial support in making this reception possible.

**Saturday Afternoon
AFTERNOON PRESENTATION AND PANEL**

1:20-1:30 pm Introduction of afternoon session by Anita Kishore, M.D.

1:30-3:15 pm

Using Play Skillfully Across Settings of Care – Panel

Vignette presentation by recent UCSF CAP graduate *Robert Mendenhall, M.D.*, followed by panel discussion.

Vignette presentation by recent Stanford CAP graduate *Natalie Pon, M.D.*, followed by panel discussion.

Vignette presentation by UCSF CAP Fellow *Hohui Eileen Wang, M.D.*, followed by panel discussion.

Panel of:

Anne Benham, M.D., Clinical Professor of Psychiatry and Behavioral Sciences, Division of Child and Adolescent Psychiatry, Stanford University School of Medicine

Patricia Speier, M.D., Clinical Professor of Psychiatry UCSF; Child, Adolescent & Adult Jungian Analyst, Berkeley & San Francisco

3:15-3:30 pm Break

3:30-5:00 pm

3:30-4:30 pm **An Update on PANDAS, PANS, and Related Disorders**

Susan Swedo, M.D., Senior Investigator and Head, Section on Behavioral Pediatrics, National Institute of Mental Health (NIMH)

Introduction by *Margo Thienemann, M.D.*, Clinical Professor of Psychiatry and Behavioral Sciences, Division of Child and Adolescent Psychiatry, Stanford University School of Medicine. Psychiatric Director, Stanford Pediatric Acute-Onset Neuropsychiatric Syndrome (PANS) Clinic.

4:30-5:00 pm **Q&A**

SATURDAY EVENING, JAN 26—LA PLAYA TERRACE

5:30-7:00 pm **MEETING RECEPTION**

NCROCAP appreciates Professional Risk Management Services' (PMRS) financial support in making this reception possible.

SUNDAY, JAN. 27—PACIFIC ROOM

7:15-8:15 am Sign-in and refreshments

7:15-8:15 am Executive Committee meeting in the Board Room

8:15-9:00 am Membership meeting

9:00-9:15 am Break

Sunday Morning

LITERARY MORNING

9:15-10:00 am

Honoring Tom Brady and Amy Tan

Tom Brady, M.D., in attendance. Series of brief presentations of recollections of meaningful memories of past literary mornings. Presentation of memory book and plaque for Dr. Brady and Ms. Tan.

10:00-10:15 am Break

10:15-11:45 am

Rachel Kushner, author of *The Mars Room*, Finalist for the 2018 Booker Prize

Rachel Kushner will read from and discuss her work with the audience in a session moderated by Henry Massie, M.D. She is also the author of *The Flamethrowers*, which was a finalist for the National Book Award and a New York Times Top Five Novel of 2013. Her debut novel, *Telex from Cuba*, was a finalist for the 2008 National Book Award and a New York Times bestseller and Notable Book of the Year. Rachel Kushner has created indelible female characters growing up with harshly limited options. Her latest book focuses on a girl from San Francisco's fog shrouded Sunset District who becomes a dancer at the Mars Room, a strip club on Market Street. She kills a stalker and is sentenced to life in prison for want of a competent attorney. The novel is one of tragic beauty, moral complexity and psychological profundity—centrally germane to child psychiatrists. More information is available in her profile in the April 30, 2018 issue of *The New Yorker*.