

NORTHERN CALIFORNIA REGIONAL ORGANIZATION *of*  
CHILD & ADOLESCENT PSYCHIATRY

**Presents**

**CONTINUING THE THEME OF COLLABORATION: REACHING ACROSS  
INSTITUTIONS, DEPARTMENTS AND GENERATIONS**

**2020 Annual Conference  
January 31 – February 2, 2020  
La Playa Hotel, Carmel, CA**

**FRIDAY EVENING, JANUARY 31—LA PLAYA TERRACE**

8:00-9:00 PM

**Pre-Meeting Reception**

NCROCAP appreciates Bay Area Clinical Associates' (BACA) and Professional Risk Management Services' (PRMS) financial support in making this reception possible.

**SATURDAY, FEBRUARY 1**

7:00-8:15 AM

Registration

7:15-8:15 AM

**Mindfulness for Child Psychiatrists with Linda Lotspeich, M.D. and  
Mari Kurahashi, M.D. – Garden Room**

First come, first serve reservation with annual meeting registration:  
Please note there is limited availability for this event. Food not provided in the Garden Room.

*Linda Lotspeich, M.D.*, Clinical Professor of Psychiatry and Behavioral Sciences, Division of Child and Adolescent Psychiatry, Stanford University School of Medicine

*Mari Kurahashi, M.D.*, Clinical Assistant Professor of Psychiatry and Behavioral Sciences, Division of Child and Adolescent Psychiatry, Stanford University School of Medicine.

8:15-8:30 AM

Welcome by Anita R. Kishore, M.D., NCROCAP President, Clinical Associate Professor of Psychiatry and Behavioral Sciences, Division of Child and Adolescent Psychiatry, Stanford University School of Medicine.

8:30-9:30 AM

**Key Interventions in Family Based Treatment for Anorexia  
Nervosa– Pacific Room**

*James Lock, M.D., Ph.D.*, Senior Associate Chair for Leadership and Professionalism, Professor of Child Psychiatry and Pediatrics, Department of Psychiatry and Behavioral Sciences, Stanford University School of Medicine. Director, Stanford Child and Adolescent Eating Disorder

Program, Division of Child Psychiatry, Department of Psychiatry and Behavioral Sciences.

Introduction by *Jennifer Derenne, M.D.*, Clinical Professor of Psychiatry and Behavioral Sciences, Division of Child and Adolescent Psychiatry, Stanford University School of Medicine.

9:30-9:45 AM **Q&A**

9:45-10:00 AM Break

10:00 AM-11:00 AM **Developmental Behavioral Pediatrics and Child Psychiatry: Collaboration – Panel – Pacific Room**

Vignette presentation by Stanford CAP fellow *David Braitman, M.D.*, followed by discussion.

Expert discussants:

*Heidi M. Feldman, M.D., Ph.D.*, Director of Developmental Behavioral Pediatrics at Stanford. Chief of the Division of Developmental Behavioral Pediatrics.

Introduction by *Lauren Hubner, MD*, Clinical Assistant Professor of Pediatrics, Department of Pediatrics, Stanford University School of Medicine.

*Bryan King, M.D., M.B.A.*, Lisa and John Pritzker Family Distinguished Professor in Child Psychiatry; Co-Director, UCSF Child Teen and Family Center; Vice President for Child Behavioral Health Services Langley Porter Psychiatric Hospital and Clinics; Vice President for Child Behavioral Health Services at UCSF Benioff Children's Hospitals; UCSF Department of Psychiatry; UCSF Weill Institute for Neurosciences.

Introduction by *Eva C. Ihle, M.D., Ph.D.* Health Sciences Associate Clinical Professor, Director - Children's Community Consultation Program Departments of Psychiatry and Pediatrics, University of California, San Francisco and Zuckerberg San Francisco General Hospital.

11:00-11:15 AM **Q&A**

11:15-12:15 PM **Update from the UCSF Dyslexia Center: The Interrelationship of Reading Disorder, Anxiety and ADHD – Pacific Room**

*Robert L. Hendren, D.O.*, Professor of Psychiatry and Behavioral Science; Division of Child and Adolescent Psychiatry; Co-Director of the UCSF Dyslexia Center; Director, Program for Research on Neurodevelopmental, Translational Outcomes. Past President, American Academy of Child and Adolescent Psychiatry (AACAP).

Introduction by *Eva C. Ihle, M.D., Ph.D.* Health Sciences Associate Clinical Professor, Director - Children's Community Consultation Program Departments of Psychiatry and Pediatrics, University of California, San Francisco and Zuckerberg San Francisco General Hospital.

12:15-12:30 PM

**Q&A**

12:30-1:45 PM

Lunch— On your own

12:30-1:45 PM

**Legislative Advocacy Luncheon – Garden Room**

First come, first serve reservation with annual meeting registration:

Please note there is limited availability for this event. Lunch will be provided. Jim Beall, California State Senator representing the 15th Senate District (encompassing the South Bay and Silicon Valley). Senator Beall is Chair of the Senate Select Committee on Mental Health and has been tireless legislative advocate for services supporting the mental health needs of children in California.

NCROCAP appreciates Dr. Roger Wu's financial support in making this luncheon possible.

1:45-2:00 PM

Introduction of afternoon session by Anita R. Kishore, M.D.

2:00-3:00 PM

**Update on OCD - Pacific Room**

*Margo Thienemann, M.D.*, Clinical Professor of Psychiatry and Behavioral Sciences, Division of Child and Adolescent Psychiatry, Stanford University School of Medicine. Psychiatric Director, Stanford Immune Behavioral Health Clinic.

Introduction by *Paula Tran, M.D.*, Clinical Assistant Professor of Psychiatry and Behavioral Sciences, Division of Child and Adolescent Psychiatry, Stanford University School of Medicine.

3:00-3:15 PM

**Q&A**

3:15-3:30 PM

Break

3:30-4:30 PM

**Gaining Traction on the Genetics of Autism Spectrum Disorder: What Comes Next? - Pacific Room**

*Matthew W. State, M.D., Ph.D.*, Oberndorf Family Distinguished; Professor in Psychiatry; Chair, Department of Psychiatry; Director, Langley Porter Psychiatric Institute; President, Langley Porter Hospital and Clinics; Executive Director, UCSF Child Teen and Family Center; Weill Institute for Neurosciences; University of California, San Francisco.

Introduction by *Petra Steinbuechel, M.D.*, Associate Clinical Professor, Division of Child and Adolescent Psychiatry, Department of Psychiatry, UCSF.

4:30-5:00 PM

**Q&A**

## **SATURDAY EVENING, FEBRUARY 1—LA PLAYA TERRACE**

5:00-7:00 PM

### **Meeting Reception**

NCROCAP appreciates Bay Area Clinical Associates' (BACA) and Professional Risk Management Services' (PRMS) financial support in making this reception possible.

## **SUNDAY, FEBRUARY 2**

7:30-8:30 AM

Sign-in

7:30-8:30 AM

### **Executive Committee Meeting – Garden Room**

8:30-9:15 AM

### **Membership Meeting – Pacific Room**

*Janani Venugopalakrishnan, M.D., MPH*, NCROCAP President, Clinical Assistant Professor of Psychiatry and Behavioral Sciences, Division of Child and Adolescent Psychiatry, Stanford University School of Medicine, including presentation of the *Al De Ranieri Lifetime Achievement Award*. This award allows our regional organization of child psychiatrists to honor someone whose contributions to children, to families, to the community and to the profession, far exceed the norm.

9:15-9:30 AM

Break

## **SUNDAY LITERARY MORNING**

9:30-11:00 AM

### **In Conversation with Daniel Mason, M.D. – Pacific Room**

Daniel Mason will read from and discuss his work with the audience in a session moderated by Henry Massie, M.D.

Daniel Mason is a physician and author of *The Piano Tuner* (2002), *A Far Country* (2007), *The Winter Soldier* (2018), and *A Registry of My Passage Upon the Earth* (2020). His work has been translated into 28 languages, awarded the Northern California Book Award for Fiction, and shortlisted for the James Tait Black Memorial Prize. *The Piano Tuner* was produced as an opera by Music Theatre Wales, and adapted to the stage by Lifeline Theatre. A Clinical Assistant Professor in the Stanford University Department of Psychiatry, his research and teaching interests include the subjective experience of mental illness and the influence of literature, history, and culture on the practice of medicine.

11:00 AM

Adjourn

## **CME Learner Notification**



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